

Important Message

From: St Helens Drug Action Team

To: All Lighthouse Clients

As you may have heard, Lighthouse Project closed on Wednesday 9th September. Lighthouse previously provided a range of substance misuse treatment services in St Helens working out of three locations, Newton-le-Willows, North Road and Claughton Street.

Your treatment is important to us and we have been working hard to ensure that any changes are kept to a minimum.

We are pleased to tell you that **ARCH Initiatives** are now providing a drug treatment service for St Helens clients, until further notice.

For the time being, your treatment will continue as usual and we will inform you if there is a change to these arrangements.

Frequently Asked Questions! :

I am currently in treatment and my script is due - Where do I go?

- If your treatment was being provided by the Annexe or Claughton Street nothing has changed.
- If you were getting your script from Newton CDT Market Street you now need to go to Claughton Street.

I've missed by chemist pick ups - what do I do?

- If you have missed less than 3 pick ups and are on a stable level of medication you can still pick up your script from the chemist.
- If your medications were being increased or decreased or if you have missed more than 3 days you need to go to the CDT at Claughton Street and speak to a key worker to arrange a new script.
- IF YOU FALL OUT OF TREATMENT THERE MAY BE A DELAY IN GETTING BACK INTO TREATMENT SO IT IS BEST TO MAKE SURE YOU PICK UP YOUR MEDS FROM THE CHEMIST REGULARLY.

I want to return to treatment or access it for the first time what do I do?

- Due to the ongoing changes there may be a delay in you entering treatment. You need to go to Claughton Street and speak to a key worker about your options.
- If you are a criminal justice client you need to attend the Annexe Victoria Square, St. Helens and speak to a member of the DIP team.
- North Road and Newton Lighthouse premises have now been closed, but Claughton Street remains open.

- Newton clients will be transferred to Claughton Street.
- Claughton Street clients will continue to see their own key worker.

I am currently in Shared Care

- The Shared Care Scheme will continue to operate. If you have any queries contact your key worker.

What about the Stimulant Service?

- Unfortunately the Stimulant Service at North Road has now closed.

What about Steroid Users?

- The Steroid clinic has moved to the Fingerpost Surgery, Atlas Street (Thursdays, 1.30pm – 5.00pm), and will be run by the Lifestyles Team Nurses.

I need Syringe Supplies

- Needle / Syringe Services will continue with delivery via existing community pharmacies and at Claughton Street until further notice. (Details of harm reduction clinics and where you can exchange your syringes are detailed below, see full list, and opening times).

What is happening with Outreach?

- The Outreach service will now be provided by the PCT Lifestyles Harm Reduction Team.

Where will my Harm Reduction Clinic be Held?

- The PCT Lifestyle Team will continue to operate a harm reduction service offering Health Assessments, advice, Blood Borne Virus Screening and dressings. Clinics are operating as normal.
- Additional clinics have been set up in Newton. (Newton Hospital on Tuesdays: 12 – 4pm and Fridays: 8.30am – 1pm)

What is happening with Resi Rehab and Detox ?

- We are working hard to put a plan in place for clients accessing Tier 4 Resi Rehab and Inpatient Detox. As soon as we have more information we will let you know.

CLIENTS PLEASE NOTE !

DO NOT MISS PICK UPS

KEEP YOUR APPOINTMENTS WITH YOUR KEY WORKER

If you have any further questions, please contact:

**Your keyworker
CDT, Claughton Street -**

(01744 730072)

**Your keyworker
Annex -**

(01744 675815)

**Service User Worker Nicky Timmis
Ring or Text -**

(07909 975 056)

ST HELENS - SYRINGE SERVICE

	<u>Address</u>	<u>Telephone</u>	<u>Weekday Hours</u>	<u>Weekend Hours</u>
<u>PHARMACY</u>				
Co-op	51 Ormskirk Street, St Helens Town Centre, WA10 2SY	01744 23758	<u>Mon-Fri</u> 8.30-6.30pm	<u>Sat</u> 9.00am -1.00pm
Lloyds	11 Junction Lane, Sutton, St Helens, WA9 3JN	01744 811803	<u>Mon-Fri</u> 9.00am – 6.00pm	<u>Sat</u> 9.00am -5.00pm
Rowlands	65 Market Street, Earlestown, Newton le Willows, WA12 9BJ	01925 226153	<u>Mon-Fri</u> 9.00am - 6.00pm <u>Closed</u> 1-2pm	<u>Sat</u> 9.00am -12.30pm
Millenium Centre Pharmacy	Corporation Street, St Helens Town Centre, WA10 1HY		<u>Mon-Fri</u> 7.30am – 10.00pm	<u>Sat</u> 7.30am – 10.00pm <u>Sun</u> 9.00am – 10.00pm
Lloyds	13 Ormskirk Street, St Helens Town Centre, WA10 1BQ (Next to Nat West Bank)		<u>Mon-Fri</u> 9.00am – 5.30pm	
<u>AGENCY</u>				
St Helens CDT Claughton Street	Claughton Street, St Helens	01744 730072	<u>Mon / Wed / Thurs / Fri</u> 9.00am -5.00pm <u>Tue</u> 11.00 -5.00pm <u>Closed</u> 1-2pm	
<u>STEROID CLINIC</u>				
Lifestyle Team	Fingerpost Surgery, Atlas Street, St Helens		<u>Thursday</u> 1.30pm – 5.00pm	

ST HELENS - SUPERVISED CONSUMPTION (METHADONE)

<u>Pharmacy</u>	<u>Address</u>	<u>Tel ephone</u>	<u>Weekday Hours</u>	<u>Weekend Hours</u>
Co-op	60 Bickerstaffe Street, St Helens, WA10 1DS	01744 735600	Mon-Fri 9-5.30pm	Sat 9-12.30pm
Knights	Units 1-2 Four Acre Lane, Clock Face, WA9 4BZ	01744 814268	Mon-Fri 9-6.00pm	Sat 9-5.00pm
Lloyds	79 Liverpool Road, St Helens, WA10 1PQ	01744 451148	Mon, Tue, Wed, Fri 9-6.30pm Lunch 1-1.30pm Thu 9-1.00pm	
Lloyds	173 Duke Street, St Helens, WA10 2JH	01744 23898	Mon-Fri 9-7pm	Sat 9-1.00pm Sun 10-3.00pm
Lloyds	60 Duke Street, St Helens, WA10 2JG	01744 23899	Mon- Fri 8.45- 6.00pm	Sat 8.45-12.45pm
Lloyds	13 Ormskirk Street, St Helens, WA10 1BQ	01744 736995	Mon-Fri 9-5.30pm	Sat 9-5.30pm
Lloyds	11 Junction Lane, Sutton, WA9 3JN	01744 811803	Mon-Fri 9-6.00pm	Sat 9-5.00pm
Lloyds	Legh Street, Newton le Willows, WA12 9NA	01925 225713	Mon-Fri 8.30- 6.30pm Lunch 1-2.00pm	Sat 9-12.00pm
Rowlands	65 Market Street, Newton le Willows, WA12 9BJ	01925 226153	Mon- Fri 9-6.00pm Lunch 1-2.00pm	Sat 9-12.30pm
Rowlands	2-2a Elephant Lane, Thatto Heath, WA9 5QG	01744 818088	Mon-Fri 9-6.00pm Lunch 1-2.00pm	Sat 9-5.30pm Lunch 1-2.00pm
Taylors	210 West End Road, Haydock, WA11 0AN	01744 453364	Mon-Fri 9- 10.00pm	Sat 9-10.00pm Sun 10-10.00pm