

# your information...

## The Data Protection Act

1998 protects the confidentiality of any written or computerised information of a personal nature. All staff have a legal duty to make sure they adhere to the Act.

Information may be shared with others involved in your care, such as your GP. If you have any concerns about this, please raise them with the practitioner. You have rights of access to your records. If you wish to enquire further about these rights you should contact the service who will be happy to help.

## How to contact us

Team Manager: Susan Hodson  
St Helens & Knowsley Early  
Intervention in Psychosis Team  
Birch Unit  
Peasley Cross Hospital  
Marshalls Cross Road  
St Helens, WA9 3DE  
Telephone: 01744 646102  
FAX: 01744 646413

## Referral to the team

- We will accept referrals from any agency.
- We accept referral by telephone, fax and electronically via OTTER.
- We accept written referrals, either in letter form or via the Early Intervention Team referral form.
- NB - If you are unsure whether to refer or if psychosis may be developing, please ring and discuss with a team member.
- Referral can be sent directly to the Early Intervention in Psychosis Team.
- Referral requiring an urgent, out of hours or weekend response should be made to:-

The St Helens Crisis Resolution and  
Home Treatment Team  
Telephone: 01744 621688  
FAX: 01744 626675  
Or the Knowsley Crisis Resolution and  
Home Treatment Team  
Telephone: 0151 430 1139  
FAX: 0151 430 2277

[www.5boroughspartnership.co.uk](http://www.5boroughspartnership.co.uk)

**St Helens and Knowsley Early  
Intervention in Psychosis Team**



Knowsley Council

A Better View

## **A better service for people with first episode psychosis**

- From 1 December 2004 St Helens and Knowsley locality of the 5 Boroughs Partnership NHS Trust have had an Early Intervention in Psychosis Team.
- The St Helens and Knowsley Early Intervention in Psychosis Team forms part of a service which is replicated across all the other localities within the 5 Boroughs Partnership NHS Trust.

### **Why Early Intervention?**

- National and international research shows that teams like this can help people with first episode psychosis to make a better recovery and reduce the risk of relapse and hospital admission rates.

### **What will we do?**

- Intensive case management for up to three years.
- Assist people towards recovery and social inclusion.
- Give messages of hope and optimism to people and their families.
- Medication management.
- Educational work with families.

## **Criteria for the service**

- Age 14 to 35 (Young people aged 14 and 15 in St Helens, and 14 to 18 in Knowsley, should continue to be referred to the local CAMHS service, who will manage the care in liaison with the Early Intervention Team).
- First Episode of Psychosis (FEP).
- Duration of untreated psychosis less than three years.
- Resident of St Helens and Knowsley.
- NB - Drug or alcohol use will not be a reason for people to be excluded.

Early signs of psychosis can be difficult to diagnose and referrals will be accepted on the grounds of suspicion of psychosis.

## **Raising Awareness about Psychosis**

A key national target is to reduce the duration of untreated psychosis (the time gap between a person first experiencing psychotic symptoms and the start of effective treatment).

In order for this to happen partner agencies, primary care, education, health and social care and criminal justice need to have a greater awareness of psychosis.

To help work towards this, the Trust has adopted the principles and targets set out in the Early Psychosis Declaration.

We can offer training about psychosis to community organisations and groups and will collaborate with any agencies on initiatives to reduce the stigma and discrimination surrounding psychosis.

We will be working closely with the mental health promotion projects in St Helens and Knowsley PCTs and are developing new learning materials.